

Welcome to the spring 2026
issue of GRAND!

WOMEN'S HEALTH:

Menopause - a long
overdue shift in care

TRAVEL:

New York City -
a wonderland for families

TECHNOLOGY:

Beware - AI scams!

HUMOR:

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«The Cool Grandpa»

Gen X
grandparents
have arrived

The Lifestyle Magazine for Today's Grandparents

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